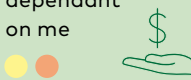




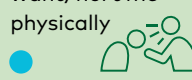


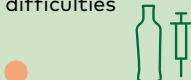
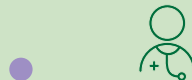
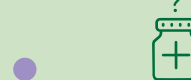

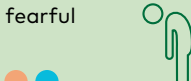

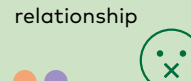
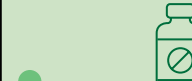


# ADULT ABUSE AND NEGLECT B I N G O

Abuse can happen to anyone, and older adults are especially at risk. Follow the indicators to see if you or someone you know might be at risk of elder abuse.

<p>I'm unhappy being financially dependant on someone/someone financially dependant on me</p> 	<p>Someone has convinced me or forced me to sign papers or use my money against my wishes</p> 	<p>I am worried about having given someone else my financial information</p> 	<p>I don't know what the status of my finances are</p> 
<p>I don't have access to social support and feel isolated/lonely</p> 	<p>My caregiver/ someone has threatened me, or touched me in ways I did not want/hurt me physically</p> 	<p>I have been denied the necessary medication, food, or contact with others against my will</p> 	<p>No one ensures that I eat properly/ I rarely eat nutritious food</p> 
<p>My caregiver has an alcohol/ substance abuse problem or/and mental/emotional difficulties</p> 	<p>I don't have a regular doctor or get regular attention</p> 	<p>I need medication but I don't fully understand why</p> 	<p>I have no interest or energy in bathing/getting dressed or hygiene</p> 
<p>Someone/my caregiver threatens me or makes me feel ashamed, guilty, or fearful</p> 	<p>I don't know who to talk to or how to talk about my situation</p> 	<p>I am afraid to speak out because I am worried about how that will affect the relationship</p> 	<p>I often avoid taking my medication</p> 

You may be at risk to the following types of abuse:

● Emotional
 ● Financial
 ● Self-neglect
 ● Neglect
 ● Physical

# If you are experiencing abuse, neglect or self-neglect, there is help.

## Interior Health Confidential Abuse Line:

Provides information about adult abuse, as well as resources and support for reporting abuse

1-800-465-4911

## Local Resources

### Revelstoke RCMP

911 for immediate assistance  
(24 hours) or 250-837-5255  
(8am -4pm)

### Revelstoke Women's Shelter Society

[www.revelstokewomensshelter.com](http://www.revelstokewomensshelter.com)

**Crisis line:** 250 837 1111

## Provincial resources:

### Victim Link BC

Multilingual and confidential  
support line

[www2.gov.bc.ca](http://www2.gov.bc.ca)

1-800-563-0808

### Public Guardian and Trustee

Provides legal and other advise,  
as well as reporting options

[www.trustee.bc.ca](http://www.trustee.bc.ca)

## National Resources

### Government of Canada

Provides more information and  
resources on elder abuse, current  
fraud scams, health and safety  
and more.

[www.seniors.gc.ca](http://www.seniors.gc.ca)

1-800-622-6232

### Seniors First BC

Advocacy and support agency that  
will help you get legal help and learn  
about your options

[www.seniorsfirstbc.ca](http://www.seniorsfirstbc.ca)

1-866-437-1940

### National Initiative for the Care of the Elderly

Has many resources regarding  
elder abuse

[www.nicenet.ca](http://www.nicenet.ca)

